

Recommended Books

Trading in the Zone: Master the Market with Confidence, Discipline and a Winning Attitude by Mark Douglas, 240 pages

Maximizing the trader's state of mind is the key to successful results. Conflicts, contradictions and paradoxes in thinking can spell disaster for even a highly motivated, astute and well grounded trader. Mark Douglas, a trader, personal trading coach, and industry consultant since 1982, sends the message that "thinking strategy" will profoundly influence a trader's success rate. Douglas addresses five very specific issues to give traders the insight and understanding about themselves that will make them consistent winners in the market.

Trading In The Zone offers specific solutions to the "people factor" of commodity price movement. It uncovers the true culprit for lack of consistency when it comes to stock picking: lack of focus and self-confidence. Through simple exercises, traders will learn how to think in terms of probabilities, and adopt the specific beliefs necessary to developing a winner's mindset. Along the way, they'll gain valuable insights into their own entrenched misconceptions about the market.

Backed by compelling examples, Trading In The Zone adds a new dimension to getting an edge on the market. Through a better understanding of themselves, as well as of Wall Street's realities, traders will come to leverage the power of their psyche for unprecedented profitability.

[Click here to read more from Amazon.com.](#)

Secrets of Stock Market Traders Exposed!
by Dale Beaumont, 226 pages

Collectively, the personal investors in this book have over 173 years of stock market experience; they've placed over 10,000 winning trades and have made over \$12 million in profit.

Now, for the first time, you can discover their closely guarded success secrets and learn how anyone can trade the stock market safely and experience exciting returns!

In this book you will discover:

- The essential qualities and traits of top stock market traders
- All of the various investment strategies and which one is right for you
- Technical versus fundamental - which is really better and why

- How to make money whether the stock market is going up or down
- Why it pays to think globally and which are the best markets to trade in
- How to master the psychological side of stock market trading
- The expert tips on markets and future growth areas